



CONTRA COSTA
CRISIS CENTER



Grief Counseling Program

Survivor After Suicide Loss Group
Parent's Loss Group
Partner & Spouse Loss Group
Family & Friend Loss Group
Spanish-Speaking Grief Group
Grief Writing Group
Teen Grief Group (ages 13-17)
Children's Grief Group (ages 6-12)
Individual Counseling

For more information about
our grief counseling services or to enroll,

Call 2-1-1
Text HOPE to 20121
Email: grief@crisis-center.org

Grief Support Groups and Grief Individual Counseling are facilitated by
trained volunteers and MFT Associates and offered at
no cost to the community.
All services are confidential.